



BATHROOM HABITS

DAILY

- Wipe sink & counter — catch toothpaste, soap, and water spots.
- Hang towels to dry — prevents mildew and odor.
- Quick mirror wipe — remove splashes and streaks.
- Put items back — toiletries, hair tools, makeup.
- Check toilet area — flush, spot-clean if needed.
- Empty small trash if full — especially for tissues or hygiene products.

WEEKLY

- Scrub toilet — bowl, seat, handle.
- Clean shower/tub — walls, floor, fixtures.
- Disinfect sink & faucet.
- Wipe all mirrors & glass.
- Mop or vacuum floor — catch hair and dust.
- Empty & clean trash bin.
- Change hand towels & washcloths.

MONTHLY

- Wipe baseboards & door frames.
- Clean vent fan cover — dust and lint buildup.
- Declutter vanity drawers & under-sink storage — toss expired products.
- Wash shower curtain liner or replace if moldy.
- Scrub grout — spot treat stained areas.
- Clean drains — remove hair and buildup.
- Wipe light switches & door handles.

QUARTERLY

- Full grout and tile deep clean.
- Wash or replace bath mats & rugs.
- Deep clean behind toilet & under sink.
- Polish faucets & hardware.
- Declutter & restock medicine cabinet — check expiration dates.
- Deep clean showerhead — soak in vinegar to remove mineral buildup.
- Inspect caulk & seals — repair cracks or mold growth.

YEARLY

- Full bathroom deep clean — walls, ceiling, corners, vents.
- Re-caulk tub/shower if needed.
- Replace shower curtain & liner.
- Check plumbing for leaks — under sink, behind toilet, around tub.
- Replace worn towels & bath mats.
- Evaluate storage system — add shelves, bins, or dividers if needed.
- Safety check — non-slip mats, secure shelving, GFCI outlets.

BATHROOM CLEANING CHECKLIST



DAILY

<input type="checkbox"/>	

WEEKLY

<input type="checkbox"/>	

MONTHLY

<input type="checkbox"/>	

QUARTERLY

<input type="checkbox"/>	

YEARLY

<input type="checkbox"/>	

SPACE CHECK-IN

<input type="checkbox"/>	Bath & Shower
<input type="checkbox"/>	Vanity
<input type="checkbox"/>	Medicine Cabinet
<input type="checkbox"/>	Under the Sink
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

