

Bathroom: Decluttering + organizing start your mornings with less stressed and organized systems.



WEEK 1: DECLUTTER THE BATHROOM — SINK, SHOWER & VANITY

- Day 1: Pull everything out from under the bathroom sink. Toss what's expired or unused.
- Day 2: Declutter your bath/shower products. What's empty, sticky, or not working?
- Day 3: Go through the vanity drawers or top surfaces. Remove duplicates and dried-up products.
- Day 4: Empty the medicine cabinet. Toss expired meds and old creams.
- Day 5: Review your daily-use toiletries and tools. Keep only what you use often.
- Day 6: Declutter the linen closet: stained towels, extra washcloths, or crusty hotel freebies.
- Day 7: Do a trash run and donation drop. Wipe down all decluttered surfaces.

WEEK 2: FINISH BATHROOM DECLUTTER & PREP FOR ORGANIZING

- Day 8: Declutter hair tools and styling products. Keep only favorites.
- Day 9: Sort and toss old razors, toothbrushes, or bath toys.
- Day 10: Remove expired or empty cleaning supplies from bathroom storage.
- Day 11: Declutter any excess bath mats, shower curtains, or decor items.
- Day 12: Clear out extra or rarely used personal care items — consider gifting or donating.
- Day 13: Check all bathroom trash bins — clean or replace liners.
- Day 14: Quick deep clean: scrub surfaces, mirrors, and tub/shower.

WEEK 3: ORGANIZE THE BATHROOM — STORAGE & SURFACE ZONES

- Day 15: Celebrate your fresh, clutter-free bathroom.
- Day 16: Use bins or trays under the sink for grouped items: hair care, cleaning, backups.
- Day 17: Sort bath/shower items into daily vs. weekly use. Consider wall caddies or corner shelves.
- Day 18: Use drawer dividers in the vanity for makeup, grooming tools, or first aid.
- Day 19: Group meds by category (cold care, daily use, etc.) and label clearly.
- Day 20: Fold and stack towels by size/type. Consider towel bins or shelf dividers.
- Day 21: Store backup toiletries in bins or baskets. Label and tuck them out of the way.

WEEK 4: SUSTAIN & STYLE THE BATHROOM

- Day 22: Organize hair tools with holders or hooks to keep them tidy and accessible.
- Day 23: Add a calming element — diffuser, candle, or fresh flowers.
- Day 24: Create a cleaning schedule reminder for quick regular wipes.
- Day 25: Set up a system for expired-product checks every 3 months.
- Day 26: Create a simple daily reset habit: wipe sink, put away toiletries.
- Day 27: Check and restock essentials — toilet paper, soap, shampoo.
- Day 28: Review your organization — tweak bins and zones as needed.
- Day 29: Wash and replace shower curtains or liners if needed.
- Day 30: Step back and enjoy your clean, calm bathroom retreat.

