



KIDS ROOM HABITS

DAILY

- Make the bed — even if it's just pulling the comforter up and straightening pillows.
- Clothes check — dirty laundry in the hamper, clean clothes back in drawers/closet.
- Toy tidy-up — 5–10 minute pick-up before bedtime.
- Nightstand reset — cups, books, and tissues back in place.
- Quick floor sweep — pick up big items to avoid tripping hazards.
- Homework/artwork clear-off — put papers in a bin, folder, or backpack.

WEEKLY

- Dust surfaces — dresser, desk, shelves, and window sills.
- Vacuum or sweep floor — including under the bed if accessible.
- Change bed linens — pillowcases, sheets, blankets.
- Empty trash can — include bathroom-style mini bin if they have one.
- Wipe high-touch areas — light switches, door handles, drawer pulls.
- Quick toy sort — return misplaced items to correct bins/zones.
- Refresh reading area — rotate a couple of books.

MONTHLY

- Wipe baseboards and behind doors.
- Spot clean walls — crayon marks, scuffs, fingerprints.
- Vacuum mattress and under the bed.
- Sort clothing drawers — pull out what's too small or damaged.
- Wash decorative pillows/blankets used on bed or reading chair.
- Wipe down toy bins and organizers — sticky fingerprints happen.
- Clean windows and mirrors inside the room.

QUARTERLY

- Full toy declutter — donate, trash, or store unused toys.
- Swap seasonal clothes in/out of closet and dresser.
- Deep vacuum — behind/under heavy furniture.
- Flip and rotate mattress (if mattress type allows).
- Clean light fixtures — ceiling fan blades, lamp shades.
- Disinfect stuffed animals — machine wash or spot clean.
- Check storage bins for broken or unsafe items.

YEARLY

- Full room deep clean — including vents, window tracks, and under/behind all furniture.
- Wash curtains or clean blinds.
- Shampoo carpet or deep mop floor.
- Reassess room layout — furniture placement for safety & function.
- Check for hazards — loose furniture anchors, frayed cords, loose outlet covers.
- Evaluate storage system — update to match child's current age/needs.
- Purge entire wardrobe — donate/hand down outgrown clothes.



KIDS ROOM CLEANING CHECKLIST

DAILY

<input type="checkbox"/>	

WEEKLY

<input type="checkbox"/>	

MONTHLY

<input type="checkbox"/>	

QUARTERLY

<input type="checkbox"/>	

YEARLY

<input type="checkbox"/>	

SPACE CHECK-IN

<input type="checkbox"/>	Clothes & Accessories
<input type="checkbox"/>	Toys
<input type="checkbox"/>	Create & Play
<input type="checkbox"/>	Linens & Bedding
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

