30-Day Decluttering Challenge: Bathroom

Simplify- Decluttering expired, outgrown and unused items that don't serve our current lives.

1. Expired medications (check prescription dates)
2. Expired vitamins or supplements
3. Outdated sunscreen (loses effectiveness)
4. Expired toothpaste or mouthwash
5. Old or unused makeup
6. Expired skincare products (moisturizers, serums)
7. Old nail polish that's dried or separated
8. Half-used bath products you no longer like (shower gel, body wash)
9. Expired deodorant
10. Hair products that no longer work for your style or type
11. Outgrown bath toys (broken, moldy, or unused)
12. Empty or nearly empty sample bottles
13. Duplicates of products you never reach for
14. Old razors or blades
15. Expired shaving cream
16. Old toothbrushes or travel brushes past their prime
17. Expired first-aid ointments and creams
18. Broken or rusted tweezers, scissors, or clippers
19. Old loofahs or shower poufs
20. Stretched-out hair ties or broken clips
21. Cracked or mismatched storage containers
22. Old perfume/body spray that smells "off"
23. Expired lip balm or gloss
24. Towels that are frayed or smell musty
25. Washcloths beyond saving
26. Extra lids or caps with no matching bottle
27. Cotton balls or swabs in torn or dusty packaging
28. Old bath salts or soaks that are clumped or discolored
29. Travel-size items you've been "saving" for years
30. Empty boxes or packaging from past purchases