

30-Day Decluttering Challenge: Bedroom

Simplify- Decluttering expired, outgrown and unused items that don't serve our current lives.

1. Clothes that no longer fit or flatter
2. Shoes you haven't worn in over a year
3. Outgrown seasonal clothing (coats, sweaters, swimsuits)
4. Jewelry that's broken or missing pieces
5. Accessories you never reach for (belts, hats, scarves)
6. Expired or dried-out perfume/body spray
7. Old makeup or beauty products from your nightstand
8. Expired lotions or creams kept bedside
9. Socks with holes or missing pairs
10. Pajamas that are uncomfortable or worn thin
11. Outgrown or unused loungewear
12. Unused handbags or wallets
13. Sunglasses you never wear
14. Bedding that's stained, torn, or faded
15. Extra pillows that have lost their shape
16. Worn-out blankets or throws
17. Books you have no intention of rereading
18. Magazines past their reading date
19. Empty or half-empty candles
20. Expired essential oils
21. Phone chargers or electronics that no longer work
22. Unused decorative pillows
23. Picture frames you no longer love
24. Trinkets or knickknacks collecting dust
25. Old greeting cards or paper clutter from the nightstand
26. Unused workout clothes or gear stored in the bedroom
27. Jewelry boxes or organizers that are broken or unused
28. Seasonal décor that no longer suits your style
29. Old eyeglasses or cases
30. Empty or mismatched storage bins