

Kids Room: Decluttering and Organizing steps for all the essential spaces: Get-Ready, Create-and-Play, and Rest-and-Sleep.



WEEK 1: DECLUTTER THE GET-READY SPACE

Day 1: Pull out everything from the closet. Quick glance: What doesn't fit or is never worn? Toss it in a donate pile.

Day 2: Go through shoes. Any outgrown, mismatched, or never-used pairs?

Day 3: Declutter the dresser. One drawer at a time. Remove anything stained, ripped, or too small.

Day 4: Check accessories — hats, socks, belts, hair stuff. Toss anything broken or

Day 5: Create a “too small/seasonal” bin and move anything that doesn't belong right now.

Day 6: Declutter dress-up clothes if applicable.

Day 7: Bag up donations. Celebrate a lighter get-ready zone!

WEEK 2: DECLUTTER THE CREATE-AND-PLAY SPACE

Day 8: Sort all art supplies. Toss dried-out markers, broken crayons, etc.

Day 9: Go through puzzles. Missing pieces? Outgrown ones? Remove them.

Day 10: Toy bin check-in. Anything broken, ignored, or overly duplicated?

Day 11: Sort books. Pull out damaged or baby books no longer age-appropriate.

Day 12: Declutter sensory bins, blocks, or other specific categories.

Day 13: Review all craft kits and projects. Discard half-finished or no-longer-loved.

Day 14: Toss packaging and broken toy pieces. Reset with a clean slate!

WEEK 3: DECLUTTER THE REST-AND-SLEEP SPACE

Day 15: Check under the bed. Pull out everything and decide what stays.

Day 16: Clear off nightstands. What's not helping bedtime?

Day 17: Go through bedtime books. Keep only calming, helpful favorites.

Day 18: Declutter plush toys. Are there too many? Pick a manageable amount.

Day 19: Check the bedding situation — how many sets are needed?

Day 20: Clear floor clutter in the sleep zone.

Day 21: Final sweep: anything left out that doesn't belong in a sleep space?

WEEK 4: ORGANIZE + RESET ALL ZONES

Day 22: Re-fold and return clothes by category. Use bins/dividers as needed.

Day 23: Set up a weekly outfit station or hanging system.

Day 24: Create a system for shoes/accessories they can manage independently.

Day 25: Group toys into categories: blocks, pretend play, games, etc.

Day 26: Label bins with words or pictures.

Day 27: Make a rotating toy library. Pack some items away to bring back later.

Day 28: Set up a calming bedtime basket: books, lotion, small light, etc.

Day 29: Simplify the bed area: remove excess plush or distractions.

Day 30: Final room refresh — vacuum, light candle (or diffuser), and enjoy!

